



WIC POLICY AND PROCEDURE MANUAL

Michigan Department of Community Health

Chapter/Section: Exhibit 6.07C

Effective Date: 7/26/99

Issue Date: 7/26/99

6. NUTRITION SERVICES

6.07 Nutrition and Breastfeeding Staffing

FINAL

NON-NUTRITION HEALTH PROFESSIONAL

General Description

For this group of health professionals, the following provides the scope of activities in nutrition services.

This individual provides maternal and child nutrition information and education to the WIC program population using an approved lesson plan.

For nutrition education purposes, this person may receive technical direction from the Nutrition Educator or Counselor.

Examples of Work in Nutrition Services

- Conducts individual and group education sessions according to an approved lesson plan.
- Records work performed and documents encounters in participant charts.
- May write nutrition education modules/individual lesson outlines which a Nutrition Educator or Counselor reviews for nutrition accuracy.
- May carry out portion of nutrition care plan.
- Assists the Nutrition Educator in selecting, preparing and evaluating teaching aids and materials used in the Program.

Recommended Knowledge, Skills and Abilities

The following standards for knowledge, skills and abilities are recommended for health professionals who do not qualify as a WIC Nutrition Educator, when they are to provide nutrition information and education to WIC participants. Staff meeting the qualifications of Non-Nutrition Health Professional, but are not performing at one or more of these standards should attain the knowledge, skills and abilities through continuing education and training.

- Knowledge of WIC approved foods and their nutrient contributions.
- Knowledge of ways to use the WIC foods that reflect racial, cultural and economic influences.



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- Ë Knowledge of food preparation techniques and meal planning.
- Ë Basic knowledge of food composition.
- Ë Basic knowledge of normal maternal and child nutrition and breastfeeding.
- Ë Basic knowledge of the relationship of food to health.
- Ë Ability to relate to and communicate with the population on the Program.
- Ë Ability to identify and refer to a Nutrition Educator or Counselor: at-risk participants and participants who have nutrition questions other than those related to basic factual nutrition information regarding the WIC food package.

Qualifications

- Ë Health Educator (Bachelors or Masters prepared)
- Ë Home Economist with a nutrition emphasis
(NOTE: For MSU Extension Home Economist, see Exhibit 6.07H.)
- Ë Physician
- Ë Physician Assistant
- Ë Registered Nurse